# ALL SAINTS' EPISCOPAL CHURCH San Diego, California



# TRINITY SUNDAY

June 15th, 2025 10:00 AM | **Mass**  Welcome to All Saints' Mass in our church or by live-stream, especially if you are a newcomer or visitor! Please help us to get to know you by introducing yourself to our rector, Fr. Carlos, if you are here in person.

We hope that you will find in this bulletin everything you need to make your link to our community a joyful one. In it you will find the text for all of the Mass prayers and readings.

The symbol + indicates when to make the sign of the Cross. It is also customary to make a discreet bow at the name of Jesus.



#### **ON THE COVER**

#### The Trinity (ca. 1460) Laurent Girardin (Unknown birth date, died in 1478)

"I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you."

# ALL SAINTS' MISSION STATEMENT

"Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation."

# **OUR VISION**

"We strive to be a haven of healing, reconciliation, joy and peace in service to our wider community and beyond, so that our example in prayer and practice may reflect Christ's love for us all."

# **OUR CORE VALUES:**

- Welcoming strangers like old friends
- Embracing the Anglo-Catholic tradition
- Being dependable members of a caring community
- Respecting each other's differences
- Being faithful stewards of God's gifts
- Remembering that God loves everyone unconditionally

<b>CELEBRANT:</b>	The Rev. Carlos E. Expósito Rector
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# GUEST PREACHER: Rev. Canon Gwynn Lynch, Canon to the Ordinary

MASS SETTING: Healey Willan

# ORGAN PRELUDE

All Glory be on to God on High

Robert Powell

Trinity Sunday | 1

## PROCESSIONAL HYMN - Please stand



Words: Reginald Heber (1783-1826), alt. Music: *Nicaea*, John Bacchus Dykes (1823-1876)

2 | Trinity Sunday

# THE SALUTATION AND COLLECT FOR PURITY

Alleluia, Christ is risen. +

#### All: The LORD is risen indeed, Alleluia!

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.

All: Amen.

# THE PENITENTIAL RITE — Please kneel

Let us humbly confess our sins unto Almighty God. Most merciful God,

All: We confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone.

> We have not loved thee with our whole heart; We have not loved our neighbors as ourselves. We are truly sorry and we humbly repent.

For the sake of thy Son, Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name.

Amen.

The Celebrant pronounces the Absolution.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, + pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord.

All: Amen.

#### KYRIE (Hymnal #710)

All sing:

All sing: LORD, have mercy upon us. Christ, have mercy upon us. LORD, have mercy upon us.

#### GLORIA IN EXCELSIS (Hymnal #713) — Please stand

Glory be to God on high, And on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O LORD God, heavenly King, God the Father Almighty. O LORD, the only begotten Son, Jesus Christ; O LORD God, Lamb of God. Son of the Father. that takest away the sins of the world. have mercy upon us. Thou that takest away the sins of the world, receive our praver. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art Holy: Thou only art the LORD; Thou only, O Christ, with the Holy Ghost, art most high + in the glory of God the Father. Amen.

# THE COLLECT OF THE DAY

The LORD be with you.

All: And with thy spirit. Let us pray.

> Almighty and everlasting God, who hast given unto us thy servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of the Divine Majesty to worship the Unity: We beseech thee that thou wouldest keep us steadfast in this faith and worship, and bring us at last to see thee in thy one and eternal glory, O Father; who with the Son and the Holy Spirit livest and reignest, one God, for ever and ever.

All: Amen.

#### FIRST READING Proverbs 8:1-4, 22-31 — Please be seated

#### A Reading from the Book of Proverbs

Does not wisdom call, and does not understanding raise her voice?

On the heights, beside the way, at the crossroads she takes her stand;

beside the gates in front of the town, at the entrance of the portals she cries out:

"To you, O people, I call, and my cry is to all that live.

The LORD created me at the beginning of his work, the first of his acts of long ago.

Ages ago I was set up, at the first, before the beginning of the earth.

When there were no depths I was brought forth, when there were no springs abounding with water. Before the mountains had been shaped, before the hills, I was brought forth

when he had not yet made earth and fields, or the world's first bits of soil.

When he established the heavens, I was there, when he drew a circle on the face of the deep,

when he made firm the skies above, when he established the fountains of the deep,

when he assigned to the sea its limit, so that the waters might not transgress his command,

when he marked out the foundations of the earth, then I was beside him, like a master worker;

and I was daily his delight, rejoicing before him always,

rejoicing in his inhabited world and delighting in the human race."

The Word of the LORD.

All: Thanks be to God.



# PSALM 8 - Sung by the Choir

1	O LORD our Governor, * how exalted is your Name in all the world!
2	Out of the mouths of infants and children * your majesty is praised above the heavens.
3	You have set up a stronghold against your adversaries, * to quell the enemy and the avenger.
4	When I consider your heavens, the work of your fingers, * the moon and the stars you have set in their courses,
5	What is man that you should be mindful of him? * the son of man that you should seek him out?
6	You have made him but little lower than the angels; * you adorn him with glory and honor;
7	You give him mastery over the works of your hands; * you put all things under his feet:
8	All sheep and oxen, * even the wild beasts of the field,
9	The birds of the air, the fish of the sea, * and whatsoever walks in the paths of the sea.
10	O LORD our Governor, * how exalted is your Name in all the world!

#### SECOND READING Romans 5:1-5

A Reading from the Letter of Paul to the Romans

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

The Word of the LORD. **Thanks be to God.** 

All:

#### GOSPEL ACCLAMATION - Please stand

	Alleluia, Alleluia, Alleluia!	
All sing:	Alleluia, Alleluia, Alleluia!	
	Glory to the Father, the Son, and the Holy Spirit;	
	to God who is, who was, and who is to come.	
All sing:	Alleluia, Alleluia, Alleluia!	

#### THE HOLY GOSPEL John 16:12-15

	The LORD be with you.
All:	And with thy spirit.
	+The Holy Gospel of our Lord Jesus Christ according
	to John.
All:	Glory be to thee, O LORD.

Jesus said to the disciples, "I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you."

The Gospel of the LORD.

All: Praise be to thee, O Christ.

# **GOSPEL AFFIRMATION**

Six-fold Dresden Amen

Wagner-Lutz

SERMON — Please be seated

Rev. Canon Gwynn Lynch, Canon to the Ordinary

#### NICENE CREED (Hymnal #759) — Please stand

I believe in one God, All sing: the Father Almighty, maker of heaven and earth, and of all things visible and invisible. And in one Lord Jesus Christ, the only-begotten Son of God, begotten of his Father before all worlds, God of God, Light of Light, very God of very God, begotten, not made, being of one substance with the Father; by whom all things were made; who for us men and for our salvation came down from heaven,

(Kneel for next 3 lines)

and was incarnate by the Holv Ghost of the Virgin Mary, and was made man: and was crucified also for us under Pontius Pilate: he suffered and was buried; and the third day he rose again according to the Scriptures, and ascended into heaven. and sitteth on the right hand of the Father; and he shall come again, with glory, to judge both the quick and the dead: whose kingdom shall have no end. And I believe in the Holy Ghost, the LORD, and Giver of Life, who proceedeth from the Father and the Son: who with the Father and the Son together is worshipped and glorified; Who spake by the Prophets. And I believe one Holy Catholic and Apostolic Church; I acknowledge one Baptism for the remission of sins; and I look for the resurrection of the dead. + and the life of the world to come. Amen.

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# PRAYERS OF THE PEOPLE - Please kneel

*Celebrant:* Let us pray for the whole state of Christ's Church and the world.

Today's service is offered to the greater glory of God, Father, Son, and Holy Spirit. We also commend to the LORD a resumption of the ceasefire in the Holy Land and peace in Gaza, as well as safety for the residents of Los Angeles; may a non-violent, compassionate, and just solution be found for migrants and all residents in the area.

Litanist: LORD in thy mercy. People: Hear our prayer.

We pray for thy Holy Catholic Church throughout the world. We pray for the peace of Jerusalem, the Anglican Communion, Stephen Cottrell, interim Archbishop of Canterbury; and today for la Iglesia Anglicana de Mexico; for Sean, Presiding Bishop, Susan, the fifth Bishop of San Diego, and Carlos our rector, and his family. For the Standing Committee, and the Diocesan Staff. For the clergy and people of St. Margaret's, Palm Desert. For all doing the work of racial healing and reconciliation, especially in our diocese. For our sister parish, St. Thomas the Apostle, Hollywood, and Canon Ian Davies, Rector.

Litanist: LORD in thy mercy. People: Hear our prayer.

Father, we pray for peace throughout the world, especially in Eastern Europe, the Middle-East, and the nations of Central Africa. We pray for Donald, our President, Gavin our Governor, and all those in authority.

Litanist: LORD in thy mercy. People: Hear our prayer.

We pray for our Armed Forces serving at home and abroad and for the family and friends who await their safe return. In this parish we pray for: Samuel, Jonathan, Sue, Mark, William, Patrick, Dirk, Ethan, Kyle, Caelan, Noah, Peter, Tua, Jordan, Cade, and Cole. We also pray for the officers, crew, and families of the USS Somerset (LPD-25).

Litanist: LORD in thy mercy. People: Hear our prayer.

We pray for the city of San Diego, and all who live and work in this neighborhood of Hillcrest, especially for all those unemployed or homeless; for our own families, and for our Parish family, that we may grow in faith and love. We pray for the director, staff, and families of Colmena Academy. Litanist: LORD in thy mercy. People: Hear our prayer.

LORD, send the Holy Spirit, the Comforter, to all who are in trouble, sorrow, need, sickness, for all prisoners and captives; and your blessing upon all those who have asked for our prayers, privately, especially those suffering from addictions, their friends and families; and for those whose names are attached to the prayer chain on the chancel entrance wall.

We especially pray today for: Donna, Elaine, Maureen, Louise, Carson, George, Mia, Pamela, Sydnee, Briana, Christian, Mike, Patricia, Ruby, Verna, Antonio, Rhonda, Robert, Tina, Tanya, Tony, Twyla, Monique, Ellen, Susan, Tiante, Betty, John, Nicolas, Joe, Norma D., Amadeus, Matthew, Deborah, Jennie, Mrs. Tsui, Jack, Melanie, Preston, Delaney, Michelle, Hunter, Fr. Gaylord, Norma J., Pat, Dori, Lois, Michael, and Zakaria.

Litanist: LORD in thy mercy. People: Hear our prayer

Father, we pray for the souls of the faithful departed and for those who have died recently, especially John Gray III and Marcella Ricciardi.

And those whose anniversaries occur at this time: Margo Angel, William Belbin, David Charles Richardson, Judith Browne, Alan Bredon, Dick Boyd, Silvia Heitzman, Allen Phillips, and Thelma Thompson.

Litanist: Rest eternal grant to them O LORD +

#### People: And let light perpetual shine upon them.

Father, we give thanks for the example and prayers of the ever Blessed Virgin Mary and all Thy saints, and now join them in offering our own prayers, petitions, and thanksgivings.

At this time, additional petitions and thanksgivings may be said quietly or silently.

Celebrant: LORD in thy mercy. People: Hear our prayer

The celebrant concludes the Prayers.

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you." Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly city, where with the Father and the Holy Spirit you live and reign, now and for ever.

- All: Amen.
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#### PEACE — Please stand

Celebrant:The Peace of the LORD be always with you.All:And with thy Spirit.

Please stand and exchange a sign of the peace of Jesus Christ with your immediate neighbors by greeting one another and saying: "Peace be with you."

#### **OFFERTORY SENTENCE** — Please stand

Be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. *Ephesians 5:1-2* 

#### **OFFERTORY ANTHEM** — Please sit

All Saints' Choir

#### Jubilate Deo

Channing Lefebvre

O be joyful in the LORD, All ve lands: Serve the LORD with gladness, and come before his presence with a song. Be ye sure that the LORD he is God; It is he that hath made us and not we ourselves; We are his people, and the sheep of his pasture. O go your way into his gates with thanksgiving; And into his courts with praise; Be thankful unto him, And speak good of his Name. For the LORD is gracious, his mercy is everlasting; And his truth endureth from generation to generation. Glory be to the Father, and to the Son, and to the Holy Ghost; As it was in the beginning, Is now and ever shall be, World without end.

#### Amen.

# THE OFFERTORY PRAYER — Please stand

LORD, accept the gifts thy Church offers thee with joy, since in fulfillment of thy will thy Son offered himself as a lamb without blemish for the life of the world. Grant this through Christ our Lord.

All: Amen.

#### OFFERTORY HYMN





Words: Alexander Viets Griswold (1766-1843), alt. Music: *Regent Square*, Henry Thomas Smart (1813-1879); desc. Craig Sellar Lang (1891-1971)

#### LITURGY OF THE HOLY EUCHARIST - Please stand

Pray Brethren,

that this my sacrifice and yours may be acceptable to God, the Almighty Father.

All: May the LORD receive the sacrifice at thy hands, to the praise and glory of His Name, to our benefit and that of all His Holy Church.

# **EUCHARISTIC PRAYER**

The LORD be with you.

- All: And with thy spirit. Lift up your hearts.
- All: We lift them up unto the LORD. Let us give thanks unto our Lord God.
- All: It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O LORD, Holy Father, Almighty, everlasting God.

For with thy co-eternal Son and Holy Spirit, thou art one God, one Lord, in Trinity of Persons and in Unity of Substance; and we celebrate the one and equal glory of thee, O Father, and of the Son, and of the Holy Spirit.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

# SANCTUS ET BENEDICTUS (Hymnal #711)

All sing:Holy, Holy, Holy, LORD God of Hosts:<br/>Heaven and earth are full of thy glory.<br/>Glory be to thee, O LORD Most High.

+ Blessed is He that cometh in the name of the LORD. Hosanna in the highest.

# PRAYER OF CONSECRATION - Please kneel

All glory be to thee, O LORD our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O LORD and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ. And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O LORD, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; + and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our LORD;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

All: Amen.

#### THE LORD'S PRAYER (Hymnal #722)

And now, as our Savior Christ hath taught us, we are bold to say: All sing: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

#### THE BREAKING OF BREAD

Alleluia. Christ our Passover is sacrificed for us;

#### All: Therefore let us keep the feast. Alleluia!

#### AGNUS DEI (Hymnal #712)

All sing:

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.

### PRAYER OF HUMBLE ACCESS

All: We do not presume to come to this thy Table,
O merciful LORD, trusting in our own righteousness,
but in thy manifold and great mercies.
We are not worthy so much as to gather up the crumbs under thy Table.
But thou art the same LORD whose property is always to have mercy.
Grant us therefore, gracious LORD,
so to eat the flesh of thy dear Son Jesus Christ,
And to drink his blood,
that we may evermore dwell in him and he in us. Amen.

## THE INVITATION

Behold the Lamb of God, + behold Him that taketh away the sins of the world.

#### All: LORD I am not worthy that thou shouldest come under my roof, but speak the word only, and my soul shall be healed.

All baptized Christians are invited to come forward for communion.

Those who are unable to receive communion, or do not yet receive, are invited to come forward for a blessing. To indicate that you wish to receive a blessing, please cross your arms over your chest rather than holding out your hands.

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#### COMMUNION HYMN - Please kneel



The melody may be sung in canon at distances of either two or three beats.

- Words: John Newton (1725-1807), alt.; st. 5, from A Collection of Sacred Ballads, 1790; compiled by Richard Broaddus and Andrew Broaddus
- Music: New Britain, from Virginia Harmony 1831; adapt. att. Edwin Othello Excell (1851-1921); harm. Austin Cole Lovelace (b. 1919)

## PRAYER FOR SPIRITUAL COMMUNION

I believe that Thou art truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray Thee to come into my heart.

I unite myself with Thee and embrace Thee with all my heart, my soul, and my mind.

Let nothing separate me from Thee; let me serve Thee in this life until, by Thy grace, I come to Thy glorious kingdom and unending peace.

Amen.

#### POST COMMUNION PRAYER - Please kneel

Almighty and everliving God, We most heartily thank Thee All: for that Thou dost feed us. in these Holy mysteries, with the spiritual food of the most precious Body and Blood of Thy Son our Savior Jesus Christ; And dost assure us thereby of Thy favor and goodness towards us: And that we are very members incorporate in the mystical body of Thy Son. the blessed company of all faithful people; And are also heirs, through hope, of Thy everlasting kingdom. And we humbly beseech Thee, O heavenly Father, so to assist us with Thy grace, that we may continue in that Holy fellowship, and do all such good works as Thou hast prepared for us to walk in; Through Jesus Christ our Lord, to whom, with Thee and the Holv Ghost.

be all honor and glory,

world without end. Amen.

#### BENEDICTION

May God the Holy Trinity make you strong in faith and love, defend you on every side, and guide you in truth and peace; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always.

All: Amen.

#### NOTICES — Please be seated

#### Birthday Prayer

Many happy returns of the day of thy birth, May seasons of joy be given. May God in his mercy prepare you on earth For a beautiful birthday in Heaven. *Amen.* 

#### **Anniversary Prayer**

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.* 

#### THE ANGELUS — Please stand

The Angel of the LORD brought the tidings to Mary:

All: And she conceived by the Holy Ghost.

Hail Mary, full of grace, the LORD is with thee.Blessed art thou amongst women, and blessed is the fruit of thy womb Jesus.Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Behold the handmaid of the LORD:

All: Be it unto me according to thy word.

The Hail Mary is repeated.

And the Word was made flesh.

All: And dwelt among us.

The Hail Mary is repeated.

Pray for us, O holy Mother of God.

All: That we may be made worthy of the promises of Christ.

Let us pray.

We beseech thee O LORD, pour thy grace into our hearts: That as we have known the incarnation of thy son Jesus Christ by the message of an angel, so by His cross and passion + we may be brought to the glory of His resurrection. Through the same Christ our Lord.

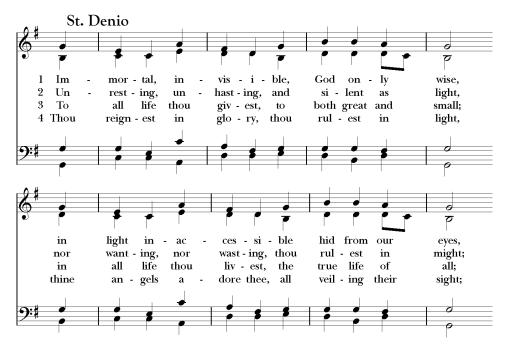
All: Amen.

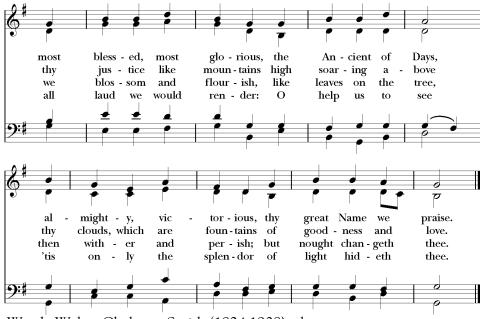
#### DISMISSAL

Let us go forth in the name of Christ. Alleluia! Alleluia!

All: Thanks be to God. Alleluia! Alleluia!

#### RECESSIONAL HYMN - Please stand





Words: Walter Chalmers Smith (1824-1908), alt. Music: St. Denio, Welsh hymn, from Caniadau y Cyssegr, 1839; adapt. John Roberts (1822-1877); harm. The English Hymnal, 1906, alt.

#### ORGAN POSTLUDE

Toccata on The Doxology

Karrin Ford

# ALL SAINTS' MASSES & GATHERINGS

#### • Every Sunday: 10:00 AM – Mass

On Sundays we continue worshipping <u>in our historic church</u>. The Sunday service will be on Zoom.

The following worship service will be held in All Saints' St. Mary Chapel.

- Every Tuesday: 12:00 PM, Noon Mass Our next monthly "First Tuesday" Mass will take place on July 1st.
- Every Thursday: 1:00 PM Devotional Service
   There is a short devotional service in the Rector's office, followed
   by a Bible study session based on one of the readings for the
   Sunday of that week. Join us either in person or via Zoom; find the
   link to join these sessions below:

https://us02web.zoom.us/j/87935063092?pwd= SWRHaGxOUXU2VXZqTzhGNnhSYStLUT09

# SPECIAL CLASSES AND PROGRAMS

• Christian Formation and First Communion Instruction for Children Ages 5-12

Sundays from 10:00 AM to 10:45 AM in the Parish Hall, taught by Lucretia Locke. For registration, call (619) 298-7729 or email us at info@allsaintschurch.org.

#### • Christian Formation – Book Study

Happening on the Sunday of June 22nd. See the page on the right for further details on the book from our previous Lenten season, which has extended into Pentecost.

# CHRISTIAN FORMATION FOR ADULTS

#### In Your Holy Spirit: Traditional Spiritual Practices in Today's Christian Life — By Michelle Heyne

Dear All Saints' parishioners,

As part of our Christian formation in Lent from earlier this year, I am inviting you to join us in the study of the book shown below. We will conduct the study on the second and fourth Sundays of each month,

# IN YOUR HOLY SPIRIT:

TRADITIONAL SPIRITUAL PRACTICES IN TODAY'S CHRISTIAN LIFE

This book provides practical assistance to Christians seeking to deepen their own spiritual discipline in the traditional areas of Weekly Practice (Eucharist, Mass, Holy Communion), Daily Practice (Office, Liturgy of the Hours), Reflection, Community and Service. Readers will expand their understanding of traditional Christianity and how it speaks to members of the Body of Christ today.

A focus primarily on practice—on traditional worship in community—rather than primarily on doctrinal or political differences, goes a long way toward transforming the divisions among us. This orientation has much to offer, both inside and outside of the church.

Using ancient practices, modern adaptations, and a Spiritual Practices Map, this book will help readers form their own Rule of Life, and create their own approach to spiritual discipline and practice within the church's traditions.

This book meets readers where they are and then provides concrete, manageable opportunities to stretch and grow, and to experiment with a wider range of choices about spiritual life.

The companion book, *In Your Holy Spirit: Shaping the Parish Through Spiritual Practice*, by Robert Gallagher, OA, is focused on how the parish church and its clergy can better support and foster the development of spiritual life and practices, and thereby improve the health of the whole parish.



Michelle Heyne, OA, is a church trainer and consultant, and the first lay superior of the Order of the Ascension. She is the co-author of *A Wonderful and Sacred Mystery: A Practical Theology of the Parish Church*. Michelle is a partner in a financial services consulting firm and lives in Seattle with her family.



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continuing next Sunday. **June 22nd**, in the library at noon. The study of the whole book is currently extending into beyond the Lenten season, but that is proper.

There will be a number of books available for purchase at the price of \$10.00 each. You can also order the book online at Amazon for a slightly higher price. For those of you who do not attend in person regularly, but would like to join us in the study sessions, there is an opportunity to join us via Zoom: the link to join these sessions is accessible through this week's newsletter.

# MEMORIAL REQUIEM MASS FOR JOHN STEWART GRAY III



December 30, 1951 – April 22, 2025

A Requiem Mass will be celebrated on Saturday June 21st, 2025 at 2:00 PM at All Saints' Episcopal Church, 625 Pennsylvania Ave. in Hillcrest. The family requests that, in lieu of flowers, donations be made to All Saints' Episcopal Church or Trinity Theatre Company, 1640 Camino Del Rio N, Suite 129, San Diego, CA 92108 in memory of John S. Gray III. There will be a reception in the Parish Hall following the mass.

All are welcome and there will be an opportunity to sign a guestbook, look at pictures, and have an early dinner. There will be a microphone with moderator, music and fellowship. Please RSVP to Pamela (619-417-1903) by text or call with # of attendees.

(pagray6265@gmail.com)

# SOCIAL ACTION UPDATE

Pentecost is here! The winds of the Holy Spirit are all around us, as we are rekindled by the fire of the Holy Spirit to go out and spread the Gospel. Here in San Diego, we enter summer fairly gently. Spreading the Gospel isn't just Bible words! It is also deeds, attitudes, human contact, sharing.

Many of our neighbors only feel despair at their life situations - lack of housing, food, resources, health care, and the ability to navigate society. We can pray for them, we can acknowledge them on the street like we would anyone, and we can help provide some of their necessities with our ongoing food drive for the food bank, and the new sweat clothes for the Scripps-Mercy ER.

Your ongoing contributions are a way of spreading the Good News! Your faithful

generosity is always appreciated . . . Thank you!!



Your Social Action Committee

# EUCHARISTIC VISITOR MINISTRY

Under Father Carlos, the ministry of Lay Eucharistic Visitors (LEVs) at All Saints' Church has been revived with the licensing of several LEV's who are making regular visits on Tuesdays and Sundays.

Eucharistic Visitors are members of the congregation who are licensed by the Bishop to take the Blessed Sacrament "in a timely manner" to those who are unable to attend a regularly scheduled celebration of the Holy Eucharist in the church or chapel.



If you would like to add a name to the list of those to be visited, please contact Fr. Carlos or Ed Heck: (rector@allsaintschurch.org) (edheck46@gmail.com).

# **GUEST PREACHER**

Please welcome today's guest preacher, Rev. Canon Gwynn Lynch, our diocesan Canon to the Ordinary. She will also be meeting briefly with the Vestry during their monthly meeting. CHRISTIAN FORMATION FOR CHILDREN Sundays from 10:00 to 10:45 AM



Christian Formation and First Communion Instruction for Children Ages 5-12 in the Parish Hall taught by Lucretia Locke.

For registration, call (619) 298-7729, or email us at <u>info@allsaintschurch.org</u>.

Formación Cristiana y clases de Primera Comunión para niños y niñas (de 5 a 12 años) Domingos de 10 a 10:45 AM, en el salón parroquial. A cargo de Lucrecia Locke. Para la matrícula llame al (619) 298-7729 o envíenos un correo electrónico a esta dirección: info@allsaintschurch.org.

#### ALL SAINTS' EPISCOPAL CHURCH



Like

625 Pennsylvania Avenue San Diego, CA 92103-4321 Office Hours: Mon. - Fri, 9:00 AM - 3:00 PM

Phone: (619) 298-7729 Fax: (619) 298-7801 Email: <u>info@allsaintschurch.org</u> Website: <u>www.allsaintschurch.org</u>

Rector: Fr. Carlos E. Expósito rector@allsaintschurch.org

If you would like to contact the **Episcopal Diocese of San Diego**, visit their website at <u>edsd.org</u>

Parish Administrator Mrs. Louise D. LawsonSr. Warden Mx. Barbara WilderAsst. Parish Administrator Mr. Renzo C. Seguin administrator@allsaintschurch.orgJr. Warden Ms. Lois MyersBusiness Administrator Mrs. Theresa Krist finance@allsaintschurch.orgClerk Ms. Emily Ortlieb Mrs. Lucretia Locke Mr. James Hansen Mrs. Lynette Blakney Mr. Gary Beyer Ms. Tanya Tatem Mr. Ted Crittenden Ms. Jeannie Gehagan Mr. John BlumeyerOrganist & Choirmaster Robert MacLeodMr. Treasurer Mr. John BlumeyerSoprano: Emily Ortlieb Tenor: Dennis Williams Baritone: John WhiteTreasurer Mr. Ed Heck	PARISH STAFF	ALL SAINTS' VESTRY
Mr. Renzo C. Seguin administrator@allsaintschurch.orgMs. Lois MyersBusiness Administrator Mrs. Theresa Krist finance@allsaintschurch.orgMs. Emily Ortlieb Mrs. Lucretia Locke Mr. James Hansen Mrs. Lynette Blakney Mr. Gary Beyer Ms. Tanya Tatem Mr. Ted Crittenden Ms. Jeannie Gehagan Mr. John BlumeyerOrganist & Choirmaster Robert MacLeodMr. Ted Crittenden Ms. Jeannie Gehagan Mr. John BlumeyerSoprano: Emily Ortlieb Tenor: Dennis Williams Baritone: John WhiteTreasurer Mr. Ed Heck		
Business Administrator Mrs. Theresa Krist finance@allsaintschurch.orgMs. Emily Ortlieb Mrs. Lucretia Locke Mr. James Hansen Mrs. Lynette Blakney Mr. Gary Beyer Ms. Tanya TatemMUSICMs. Tanya Tatem Mr. Ted Crittenden Ms. Jeannie Gehagan Mr. John BlumeyerSoprano: Emily Ortlieb Tenor: Dennis Williams Baritone: John WhiteTreasurer Mr. Ed Heck	Mr. Renzo C. Seguin	
MUSICMr. Gary BeyerMUSICMr. Gary BeyerOrganist & Choirmaster Robert MacLeodMr. Ted CrittendenSoprano: Emily Ortlieb Tenor: Dennis Williams Baritone: John WhiteTreasurerMr. Ed Heck Facilities Liaison	Business Administrator Mrs. Theresa Krist	Ms. Emily Ortlieb Mrs. Lucretia Locke Mr. James Hansen
Organist & ChoirmasterMs. Jeannie GehaganRobert MacLeodMs. Jeannie GehaganSoprano: Emily OrtliebMr. John BlumeyerTenor: Dennis WilliamsTreasurerBaritone: John WhiteMr. Ed HeckFacilities Liaison	MUSIC	Mr. Gary Beyer Ms. Tanya Tatem
Soprano: Emily OrtliebTreasurerTenor: Dennis WilliamsMr. Ed HeckBaritone: John WhiteFacilities Liaison	Robert MacLeod Soprano: Emily Ortlieb Tenor: Dennis Williams	Ms. Jeannie Gehagan
		Treasurer

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